



## Pre Cane Devices

You have **BRAINS** in your **HEAD**.  
You have **FEET** in your **SHOES**.  
You can **STEER** yourself any  
**DIRECTION** you **CHOOSE**.  
~ Dr. Seuss

Supported Walking.  
Wide base stabilises,  
acts as a buffer and  
reduces falls.  
Incorporate into  
daily play.  
Encourages walking  
through cause and  
effect, ie music  
plays as you push.



**Do not encourage the use of sit-in baby walkers.**

## Stages of Competence

As the child learns, they move through 4 stages of competence: Stage 1 unconscious incompetence; Stage 2 conscious incompetence; Stage 3 conscious competence; Stage 4 unconscious competence.

At this stage, **children have no idea of what they know** or do not know about using a cane. Views differ on the best way of approaching this. Some people, like Daniel Kish, believe long canes should be introduced to toddlers. Others prefer variations of adaptive devices. In the meantime, get a child moving with what is round them. These are all good preparation.

For many children they cannot see the value or relevance of mobility instruction. The status quo is not challenged, because Mummy or Daddy will always take them. For that reason early intervention is vital to develop independence.

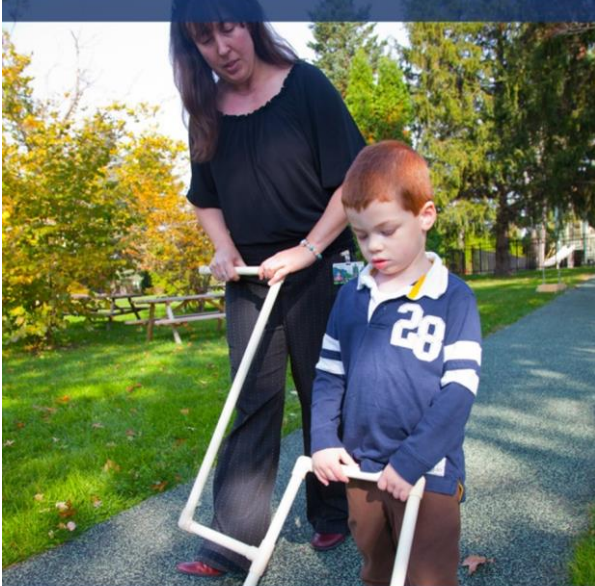
# Pre Cane Devices

Unsupported Walking. Pushalong is just used as buffer giving advance warning. Does not help with balance. Facilitates exploration



## Specialised Pre Cane Devices

What comes before the cane?



Push Toys, Pre-Canes & Anticipators for Kids with Visual Impairments

