**RWPN Mentoring Scheme**

**Being mentored**

Are you wondering how to develop your career and want the opportunity to reflect on your practice in conversation with an experienced Rehabilitation Worker?

There are many reasons to be mentored. Here are a few points you might want to consider:

* Would you like to gain more experience, contacts or awareness in a specific area of your practice?
* Do you work alone and feel professionally isolated?
* Have you recently qualified and want to be sure you are setting out on the right direction in your career?
* Do you want to mature and develop yourself generally – for example to be able to operate better in a pressurised work environment or become more balanced and self-confident?
* Have you reached some kind of barrier or blockage and feel you would like a more individual relationship with a fellow Rehab. Worker who may be able to help you think around the problem?
* Do you feel you would benefit from an open, trusting work relationship with someone you can either look up to or respect as a peer for what they have experienced and learned during their career?

We are proud to launch RWPN’s mentoring scheme and will be looking to match mentor and mentee from January 2017. The scheme will allow you the opportunity for a one-to-one relationship with a trained mentor Rehabilitation Worker. This relationship would be for a fixed term that you both agree on and could be face-to-face, over the telephone or skype. Mentoring works to an agenda that you, the mentee set – you set the topics for discussion – it’s your time; it’s your CPD!

To be mentored you do not necessarily need to be a member of RWPN, though all mentors are members.

**To find out more about being mentored email** [**info@rwpn.org.uk**](mailto:info@rwpn.org.uk) **and we will contact you by phone to discuss this in more detail.**